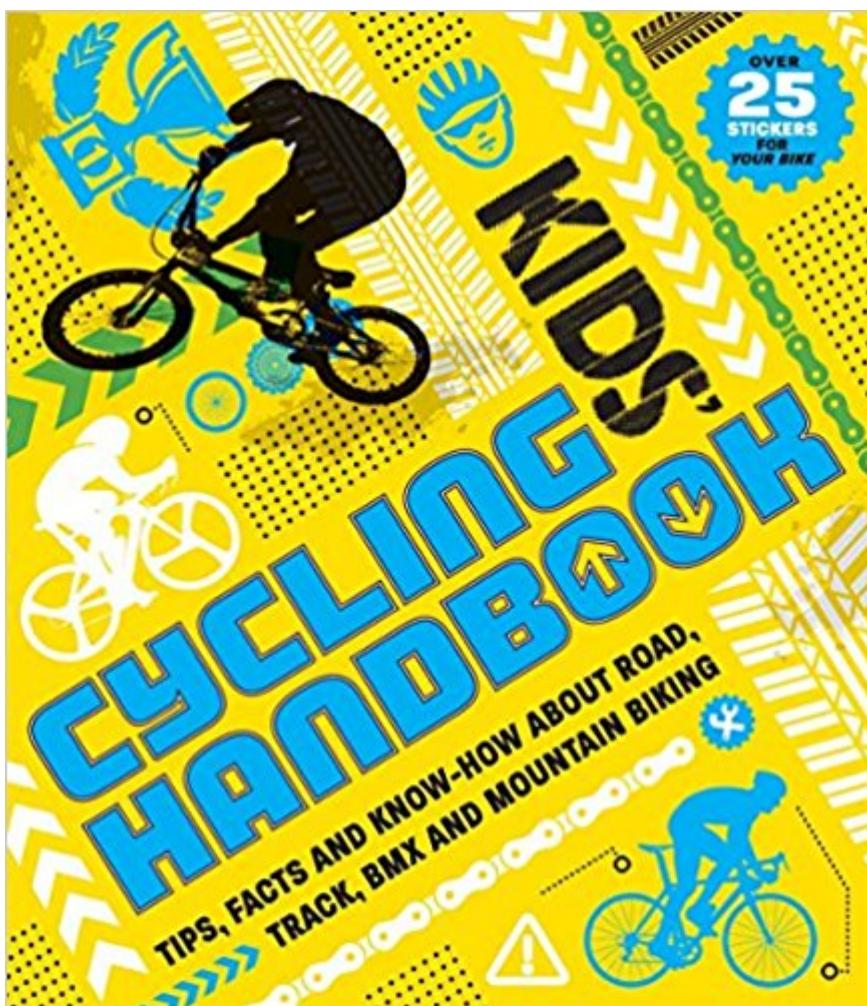


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# Kids' Cycling Handbook: Tips, Facts And Know-How About Road, Track, BMX And Mountain Biking



## Synopsis

Get pedaling! Packed with cycling tips, tricks, facts, and history, plus inspirational profiles of top riders, this is the ultimate portable handbook for bike-crazy kids. Whether your thing is mountain biking or road racing, it's all here, from fixing a puncture, to learning a BMX stunt, to buying your next bike. There's even a write-in logbook section to record personal cycling achievements, a handy gatefold guide to essential bike maintenance, and cool stickers to customize gear.

## Book Information

Spiral-bound: 40 pages

Publisher: Carlton Kids; 1st edition (March 1, 2016)

Language: English

ISBN-10: 1783121696

ISBN-13: 978-1783121694

Product Dimensions: 6.9 x 0.5 x 8.2 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #504,022 in Books (See Top 100 in Books) #12 in Books > Children's Books > Sports & Outdoors > Cycling

Age Range: 7 - 11 years

Grade Level: 2 - 6

## Customer Reviews

As well as being an internationally known children's book author, Moira Butterfield is a keen cyclist and likes nothing better than taking her mountain bike off-road. She has cycled long-distance through Rhajastan for charity, and has taken part in several UK charity cycle rides. She is an avid cycling sports fan, too. Kath Jewitt is also a regular cyclist and book author. Her home is filled with cycle parts, as her husband and son are both cycling devotees with an impressive knowledge of bicycle mechanics and techniques.

This is an excellent book for beginning riders. My grandson, a novice but enthusiastic cyclist, almost got hit by a motorist because he had no cycling experience and wasn't aware of what side of the road he needed to be on or how to behave among other cyclists. This book covers all of that and more. It explains rules of the road and offers practical advice for riding gear, and bike extras.

Though its format suggests a younger reader than I expected, the information contained in the book is solid and applicable to older cycling fans (ages 8-10) as well as younger ones.

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